



## DANIEL EQUINE

### JOINT INJECTION AFTERCARE

These serve as general guidelines following joint injections. Please contact Dr. Daniel if you have questions following the treatment.

**Patient follow up is key to establishing if a treatment is effective. Please schedule a recheck 2 weeks after the injection to assess the response to treatment.**

1. Immediately following the injection into your horses' joint, a light bandage may have been placed. This bandage helps limit contamination of the injection site with dirt and bacteria.
  - Please remove this wrap in 24 hours or sooner if it slips
2. Your horses' exercise will be restricted following a joint injection to allow time for the medication to work and to limit swelling or discomfort secondary to the injection:
  - 24 hours of stall rest
  - 3 days of turnout or stall/run – also hand walk for up to 20 minutes twice daily
  - 3 days walk/trot under saddle
  - Return to normal exercise at 1 week if no signs of any complications
  - Recheck 2 weeks post injection
3. For the first 2 weeks following the injection it is important you monitor your horse closely to detect any complications. If you notice lameness that is deteriorating, progressive joint swelling, edema formation, detect pain when palpating near the injection site or notice any other changes in attitude/appetite/urine output/fecal output or if you have any concerns, please contact Dr Daniel.
4. Take your horses' temperature at least once daily. Call if your horses' temperature is near or above 102°F or if you have any questions.
5. Recheck exam: \_\_\_\_\_

**DANIEL EQUINE SERVICES**

[drdanielequine@gmail.com](mailto:drdanielequine@gmail.com)

[www.danielequine.com](http://www.danielequine.com)